Personal Cybersecurity
best practices for kids

Sharing about me

- I only post pictures of myself online if I have my parents permission.
- If someone is asking me for my home address, where do I go to school, what’s my phone number, or asking for pictures of me, I ask for help right away.
- I know that posting my name, birth date, address, or phone number online can be dangerous to me and my family.
- I understand that in the online world, anyone can pretend to be someone they are not, so I shouldn’t meet with them in person.

Safety Basics

- I only download or install applications when I have permission from my parents or my guardians.
- I avoid using short passwords like “test”, “password”, “123456” or “Charlie1”. I don’t use passwords that can be guessed easily.
- My passwords don’t include my name, birthdate, phone number, or my pet’s name,
- All my accounts use different passwords.
- I don’t click on pictures that promise free money, prizes, or games.

Keeping it kind

- I know that I may not be able to delete things I post online, and others can copy/repost them. It could even be connected to me 20 years from now.
- I ask for help if someone says something hurtful to me online. I also report, and block them if I can.
- I mostly ignore comments, but if they get too scary, I report them.
- I treat others with kindness online, just like I would treat them in person.
- How I feel about myself doesn’t depend on other people’s likes or comments on social media.